

SAO Conference  
November 7-8, 2015  
REGISTRATION FORMS  
INSIDE!



NEWS FROM AROUND  
ONTARIO  
SEE PAGES 5-8



BASS WORKSHOP  
SEE PAGE 9



SAO CONFERENCE  
2015  
SEE PAGES 11-15

## SUZUKI ASSOCIATION OF ONTARIO

# NEWSLETTER

### Letter from the Chair

It is wonderful to see spring around the corner after such a long, cold winter. I hope you were able to take time to rest and recharge over the March Break.

Congratulations to the conference team led by Elizabeth Sherk and Orsi Lengyel in 2014 in North York. The numbers are officially in, and a new record of over \$6,000 was raised. This money is used to run our organization, and we are most grateful to Elizabeth, Orsi and their team, for a job very well done.

It's never too early to set aside the dates for our SAO Conference in London, Ontario, this coming November 7 and 8. Dorothy Jones and Karen-Michele Kimmitt will be the key-note speakers for the wonderful theme of: *Suzuki's Legacy: Alive and Well in Ontario*. There will be many opportunities for student performances and parent participation. Teachers can learn from two pioneers of the Suzuki Method who have inspired generations of teachers and students. It's going to be a great weekend!

If you will be attending a Summer Institute Course or continuing long-term training, check our website, [www.suzukiontario.org](http://www.suzukiontario.org) and this newsletter for details on all of our current scholarships. You can apply for one of three \$200 scholarships for assistance in taking further teacher training courses. The next deadline for scholarship applications is May 31.

With summer on the horizon, thoughts turn to summer music programs. Summer institutes can seem like a big commitment to families, so it is up to the teacher to convince them of the many benefits. Students who attend a music camp in the summer will return to lessons in September with greater enthusiasm and new repertoire and technique. They will have new friends from different cities, and even different countries. Both parent and child will be refreshed and rejuvenated after a week of total immersion in the musical community. Do consider providing information and discussing the benefits of summer camp with each family in your studio. You will reap the rewards all year long.

There have been many wonderful activities through the winter term, all over this great province. You can read about many of them in this newsletter. Thanks to each and every one of you who contributed an article, review, poem or photo. The Suzuki Association of Ontario is the sum of each individual teacher, parent and child who belongs to it, each with his or her own unique voice. We love hearing from each and every one of you. Together with Pablo Casals, I share this sentiment: "Do you know what you are? You are a marvel. In all the world there is no other exactly like you."

Nena LaMarre, SAO Chair

◆ NENA LAMARRE

"The Mission of the Suzuki Association of Ontario is to promote and support the Suzuki Method of learning by nurturing excellence in education"

SEE PAGE 2 FOR FULL TABLE OF CONTENTS

## Table of contents

Letter from the Chair .....	1
Upcoming Teacher Development.....	3
Teacher Workshops	3
Summer Institutes	3
Area Reports .....	5
519 Area reports	5
613 area report	6
705 Area reports	6
905 area reports	7
Instrument Representative Reports.....	9
Bass report	9
Viola report	10
Conference 2015 .....	11
Student Day	11
Teacher Day	13
Hotel and Parking Information	15
Parents as Partners .....	16
Thoughts on the SAA Parents as Partners Online Video Course	16
Parents As Partners Online Video Review	16
Two Moms, Two Camps: The Parent Perspective.....	18
The Piano Room.....	18
Student-Inspired Teaching .....	19
Revolutionizing Review: A Few Ideas to Get Playing.....	20
SAO Board .....	22

### Welcome to the Suzuki Association of Ontario!

It is an extreme pleasure to welcome the Ottawa Suzuki Strings School and the The Toronto School for Strings to the SAO as group members.

Newly registered teachers been added to the SAO Website, and are requested to send bios and pictures to update the site.

We look forward to meeting all the Ottawa Suzuki Strings teachers personally in 2016 when our annual conference will be held in Ottawa.

Consider joining the SAO as a group! Group membership lowers the rate of individual membership, and also helps raise the profile of your program.

## Upcoming Teacher Development

### TEACHER WORKSHOPS

#### Thames Valley Suzuki School

London, ON

Sharon Jones

tv@sympatico.ca

- Suzuki Early Childhood Education  
Stages One and Two  
Monday June 22 – Friday June 26, 2015  
Trainers: Sharon Jones, Dorothy Jones
- Suzuki Early Childhood Education  
Stage Three  
Contact Sharon Jones for more details  
about Stage Three training
- Suzuki Early Childhood Education  
Stages Four and Five  
Wednesday June 24 – Sunday June 28,  
2015  
Trainers: Sharon Jones, Dorothy Jones

### SUMMER INSTITUTES

#### Great Lakes Suzuki Institute

Hamilton, ON

David Gerry, Director

Phone: 905-525-9549

dgerry@nas.net

- Every Child Can!  
July 3, 2015  
Trainer: David Gerry
- Flute Unit 1  
July 4 – 11, 2015  
Trainer: Kelly Williamson
- Flute Unit 2  
July 7 – 11, 2015  
Trainer: Noelle Perrin
- Flute Unit 3  
July 7 – 11, 2015  
Trainer: TBA
- Flute Unit 6  
July 7 – 11, 2015  
Trainer: David Gerry
- Flute Unit 9  
July 7 – 11, 2015  
Trainer: David Gerry
- Baroque Style for the Suzuki Flute  
Teacher  
July 7 – 11, 2015  
Trainer: TBA

#### Institut Suzuki Montreal

Montreal, QC

Josée Desjardins, Director

Phone: 450-922-8196

info@suzukimontreal.org

- Every Child Can!  
July 25, 2015  
Trainer: Susan Gagnon
- Violin Unit 2  
July 25 – 29, 2015  
Trainer: Paule Barsalou, Karen Kimmitt
- Violin Unit 3  
July 29 – August 2, 2015  
Trainer: Paule Barsalou, Karen Kimmitt
- Cello Unit 1  
July 26 – August 2, 2015  
Trainer: Susan Gagnon
- Cello Unit 6  
July 25 – 29, 2015  
Trainer: David Evenchick
- Cello Unit 7  
July 29 – August 2, 2015  
Trainer: David Evenchick
- Piano Unit 2  
July 25 – 29, 2015  
Trainer: Merlin Thompson
- Piano Unit 3  
July 29 – August 2, 2015  
Trainer: Merlin Thompson

#### SAO Teacher/Trainer Scholarships

The SAO board has a lottery system for three SAO teachers to receive funds to attend Teacher Training. There are three Spring Scholarships and three Fall Scholarships.

- Applicant must be a member of the SAO and SAA.
- The applicant will provide the name of the course, cost of the course, date of the course, and name of who offers the course. This information should be forwarded to the Executive Assistant in the form of a letter applying for the scholarship with either the May 31 deadline or the October 31 deadline.
- If the member is awarded a scholarship using the draw system of allotting only three at the June Full Board Meeting or the November Full Board Meeting, then a \$200 cheque will be issued to the applicant payable to the actual course treasury. This scholarship is only valid for one year after the deadline for applying. In the event the applicant does not register, the cheque would be void and cancelled.
- Upon completion of the course, the applicant is requested to write a few words of appreciation (maximum 300) to be published in the next newsletter.

Mailing address:

Email: [suzukiontario@hotmail.com](mailto:suzukiontario@hotmail.com)

SAO, 282 Waverly St. N., Oshawa, ON L1J 5V9

**SUMMER INSTITUTES** *continued*

**Southwestern Ontario Suzuki Institute**

Waterloo, ON

Tracy Jewell, Administrative Coordinator

Phone: 519-824-7609

sosi@artset.net

- Every Child Can!  
August 8, 2015  
Trainer: Margot Jewell
- Violin Unit 1  
August 9 – 16, 2015  
Trainer: Margot Jewell
- Violin Unit 2  
August 8 – 12, 2015  
Trainer: Karen Kimmett
- Violin Unit 3  
August 12 – 16, 2015  
Trainer: Karen Kimmett
- Violin Unit 4  
August 8 – 12, 2015  
Trainer: Paule Barsalou
- Violin Unit 5  
August 12 – 16, 2015  
Trainer: Paule Barsalou
- Violin Unit 8  
August 9 – 14, 2015  
Trainer: Alan Lieb
- Violin Revisiting Book 1  
August 9 – 14, 2015  
Trainer: Joanne Melvin
- Viola Unit 6  
August 9 – 14, 2015  
Trainer: Elizabeth Stuen-Walker
- Cello Unit 3  
August 9 – 14, 2015  
Trainer: Catherine Walker
- Supplementary Literature and the Advanced Suzuki Cellist  
August 8 – 9, 2015  
Trainer: Carey Cheney (UT)

- Piano Unit 1  
August 9 – 16, 2015  
Trainer: Gail Lange
- Piano Unit 6  
August 9 – 14, 2015  
Trainer: Merlin Thompson

For complete information about teacher development courses offered throughout Canada and the US this summer, please go to:  
<https://suzukiassociation.org/events/institutes/>

*the sound post*  
CANADA'S STRING SHOP

The Canadian Resource for the pre-twinkler to the professional.

Violins, violas, cellos, and bows  
Complete line of strings & accessories at guaranteed lowest prices  
Expert repairs and rehairs  
Canada's largest stock of string music  
Suzuki materials  
Innovative teaching aids

**Fast mail order service.**  
**Call toll free 1.800.363.1512**



[www.thesoundpost.com](http://www.thesoundpost.com)  
[info@thesoundpost.com](mailto:info@thesoundpost.com)

93 Grenville St., Toronto M5S 1B4  
tel 416.971.6990 fax 416.597.9923

## Area Reports

### 519 AREA REPORTS

Here at the Suzuki String School of Guelph (SSSG) we had a great week that we called 'Super Power Week'. We had our students grouped in masterclasses during the week and then we taught each other's students, in lieu of their regular private lessons. It was great for the students because cellos, violins and violas were mixed in together at times. Each child had discussed a "Super Power" with their teacher, such as "having great tone" or "playing from the heart." I found this gave the students a sense of pride in something about their playing and in the class they usually discovered other Super Powers they had or a power they could start developing.

I know my students really enjoyed the experience and it was a good week for me as a teacher because it reminded me, again, of the one point lesson. I learned some different approaches to things by watching my colleagues. It was a big success!

◆Anna Hughes, 519 East Representative

After the excitement of the holiday season, I always find it useful to plan a performance opportunity in late January to provide a renewed focus to students' practicing. This year my students were pleased to provide the music portion of a "Piano and Poetry" event at our local library. The library, now imaginatively called "Idea Exchange", runs an annual poetry contest for children and adults, receiving entries from all over the world. At the launch of this year's contest, local poets read some of their poems, interspersed with piano music played by my students. It was a lovely event.

In February I attended an ORMTA workshop in Cambridge. Jazz musician Brent Rowan led us through a series of fascinating exercises during which we deepened our understanding of how jazz musicians improvise and collaborate during a performance. The second part of the workshop consisted of mock piano exams, conducted by RCM examiner Susan Robinson, followed by a lively discussion of the results and exam preparation. It was a most worthwhile workshop. As well, my students participated in a "Snowflakes and Keys" concert in the library the following week.

We look forward to our annual "March Mysteries" concert at the end of the month. Each year there is a little puzzle to solve about the performers or their performance repertoire. The first year, each student wore a ribbon colour-coded to the time period of his or her piece. For the second year, I typed the titles on the programs in different colours to signify whether each piece was a fast, medium, or slow tempo. One piece had a slow section in the middle and a *presto accelerando* at the end so I indicated the changes using different colours in the title. Last year each student whose name was printed in red in the program had a sibling in our studio. Parents and students write their guesses on a ballot, and there is a draw for a parent winner and student winner at the end of the concert, with a little prize for each. It is a fun way to keep the audience engaged in the performances.

My students are all busy preparing for the Guelph Kiwanis festival in April. For piano, the festival lasts three weeks which is a long haul for teachers, but so worth the effort. I always come away with some new ideas for teaching, and am thrilled when I hear a student's personal best performance.

Information about this year's Suzuki institutes in Canada and the US is now posted on the SAA website under "Events". Many SAO members are institute directors, teachers, and staff members. Before your Suzuki parents have made their summer plans, please encourage your families to attend an institute. The experience will create memories that last a lifetime!

◆Ellen Berry



Finn, aged 6, playing in Cambridge  
"Piano and Poetry" celebration

### 613 AREA REPORT

On January 30 Laura Nerenberg's students performed their annual Two Books/Years Back Duet Recital and Potluck. Each student performed, with ease and panache, a piece learned two books back, for students in books 3-and-up, or two years ago, if in books 1 and 2. The name of the game for some was transposition and third position, where some students played early Book 1 pieces in different keys and in third position. Following the recital, the students and parents ate together. Teens helped wash the dishes and entertain the younger students with stories. It was, as always, the best way to celebrate mid-winter.

◆Laura Nerenberg, 613 East Representative

### 705 AREA REPORTS

Another fantastic "Make Music With Friend" event! The piano students of Nena LaMarre and Lalitha Viinalass joined forces with friends from outside their studios to create and collaborate. The experience gave everyone a chance to paint outside the Suzuki lines, musically, and strengthen their commitment to the musical journey.

◆Lalitha Viinalass

Over the years different activities in the studio turn into traditions that the students and families look forward to every year. Following are two favourites from recent months.

In January we celebrated the completion of the '100-Day Challenge'. This activity begins with the first lesson in September, and ends in late December, the purpose being to practice one hundred days in a row. The students look forward to it every year and it is a great source of motivation for many of them. We



Terrific teens in Barrie collaborate for the "Make Music with a Friend" event.

celebrate in January because it is a month that could use some festivity! This year we tried something different; we gathered at a local bowling alley to have some fun. The party was a great success.

In February my studio families joined together with families from the studio of Lalitha Viinalass to hear Lang Lang in concert at Roy Thomson Hall in Toronto. Fifty students and parents braved the snow and cold to attend the Chinese New Year concert. It was worth the trip from Barrie!

These annual traditions really help to build a sense of community amongst the families in the studio.

◆Nena LaMarre



Celebrating the end of the annual 100-Day -Challenge in a unique setting. What fun!

**905 AREA REPORTS**

*Nota Bene:* June 29 – July 3. A new day camp for our Suzuki students in area 905 east. Jane Plewman and Laurie Mitchell are initiating a high quality summer music program to benefit Suzuki students east of Toronto. In January, we invited the area 905 east teachers to meet with us to discuss the idea. What an amazing group!

With the support of Kathy Coltof, Mary Burke, Jacquie Favrin, Renata Puccini and Deborah Henderson, we have initiated what should be an exciting adventure.

Further details at [www.durhammusiccamp](http://www.durhammusiccamp) or write to [durhammusiccamp@gmail.com](mailto:durhammusiccamp@gmail.com)

Below are some pictures from Laurie Mitchell's Christmas concert in the Orono Town Hall:



Christmas  
concerts are  
delightful!



Each year the *La Jeunesse* Youth Orchestra in Port Hope auditions students for the opportunity to perform a solo with orchestra. On February 2, three of Laurie's violin students performed the Vivaldi *Concerto in F Major for 3 Violins*, another student performed the Beethoven *Romance in F Major* and a former violin student (now on cello) performed in the Vivaldi *Concerto for 2 cellos in G Minor*. Also at that concert, Deborah Henderson and Laurie's younger students delighted the audience with the *Ashokan Farewell*, *Hunters' Chorus*, *Minuet 2* and, of course, *Twinkles*.



Left -Beethoven Romance by student Erin Puersten with the La Jeunesse Youth Orchestra in Port Hope, February 2. Right – Deborah Henderson and Laurie Mitchell's students perform

From Jean and Rose-Marie Blanc:

On May 9, Jean and Rose-Marie Blanc are hosting the 23<sup>rd</sup> Beethoven Society Festival, Greater Toronto Chapter, with an evening featuring pianist Allison Leyton-Brown playing her own compositions. Further details: [jean\\_blanc@hotmail.com](mailto:jean_blanc@hotmail.com)

◆Laurie Mitchell, 905 North and East Representative

**905 AREA REPORTS continued**

2015 Oakville Performing Arts Summer Camp

Week 1: July 6-10

Week 2: July 13-17

New Location: Saint Trinité French Catholic Secondary School  
(at Highway 5 just East of Bronte Road)

for further details email: [jeanmgrieve@gmail.com](mailto:jeanmgrieve@gmail.com)

The Time for Three (Tf3) workshop held by the Oakville Suzuki Association on Family Day proved to be a great success in spite of two unexpected challenges. Ice prevented violinist Zach de Pue from getting to Toronto in time and Air Canada refused to allow Ranaan Meyer's bass onto the plane. Fortunately our Suzuki Bass teacher, Jesse Dietschi, was on hand to lend Ranaan his own bass! Ranaan and violinist Nick Kendall performed as a "two-person trio" without Zach, carrying off a brilliantly improvised lunchtime mini-concert to the delight of all the parents and children.

In the morning part of the workshop, Nick taught a large class of book 2 and 3 violin students from Oakville, Burlington, Brantford, North York, and Thornhill. He used mostly Suzuki repertoire from early book 1 to illustrate the difference made by creative ideas about what the pieces might express, and the role of dynamics and body movement in that expression. His own exquisite playing of short passages from pieces like *Go Tell Aunt Rhody* showed us all more than any amount of words could have done. Ranaan taught an improvisation workshop for cello and bass students at the same time. (See Jesse Dietschi's article on the next page.) Our book 1 students had an hour-long workshop with Wendy Seravalle-Smith, as well as music games run by Danielle Gagnon.

At lunch hour, junior, intermediate, and senior players, as well as parents, siblings, and teachers all joined together, packing into the church for the lunchtime mini-concert. Besides being wowed by the very exciting improvisation at the start, the children particularly appreciated how the two members of Tf3 then wove in familiar pieces like *Long, Long Ago* and *Twinkle, Twinkle* into their duo! Above all, they just exuded the love and FUN they had playing together.

In the afternoon, the senior violinists, Book 4 and up, spent a generous hour working with Nick and Ranaan on Bach *Concerto for Two Violins in D Minor* and the Seitz *Concerto No. 5, 1st movement*. These two choices proved to be excellent for their contrasting nature. Nick demonstrated the excitement fast and big bows could bring out, and the fun in the give and take between the two parts of the Bach. Then he stressed the romantic expression in the Seitz, sometimes joining with Ranaan in effective illustration of emotional subtleties. Ranaan proved to us that almost anything the violin could do the bass could do too. We certainly hope for more young Suzuki bassists in future!

The inspiration that Tf3 gave to everyone was enormous, and they shared wise words to end the day: that all that fun playing couldn't happen without some serious and intelligent practice! These experiences will stay with teachers and students.

◆Jean Grieve



## Instrument Representative Reports

### BASS REPORT

#### RENOWNED BASSIST WORKS WITH OSA CELLO AND BASS STUDENTS

This past Family Day, the Oakville Suzuki Association (OSA) had the privilege of hosting the international touring and recording trio Time for Three (Tf3) for a day-long session of instrument and level-specific master classes and concerts. Despite numerous travel-related issues that day, violinist Nick Kendall and bassist Ranaan Meyer provided both entertaining and inspiring performances for all of the students in attendance. As the Bass Representative for the Suzuki Association of Ontario, and the head of the bass program through the OSA, I was assisting Ranaan during his workshop for bassists of all levels and cellists from Book 3-and-up.

The first hurdle that needed to be overcome was the fact that Air Canada had denied Ranaan from checking his bass onto his flight from Philadelphia earlier that morning, and was forced to board without it while his wife rescued the antique Italian instrument from the airport. Luckily, I received word of this early enough and was able to provide him with my bass for use during the clinic. The larger issue was that he also didn't have an instrument to use during the trio's three upcoming concerts with the Toronto Symphony Orchestra, and so Ranaan used my bass for these performances as well. How exciting that my bass has now been featured as a soloist with the TSO!

With all the logistical matters dealt with, we were able to proceed with the cello/bass workshop. A total of nine cellists and bassists, ranging in age from nine years to adulthood, participated enthusiastically with instruments in hand, while another half dozen parents and siblings observed. The main focus of the workshop was improvisation and "fun things you can do on the cello/bass". Ranaan started by demonstrating some solo arrangements he had created of popular songs, and talked about using the cello or bass to play multiple parts of a song simultaneously. These techniques included tapping the body of the instrument to create various percussive sounds, using double stops to outline chords, and combining both of these techniques with bass notes to create a full-sounding solo arrangement.

For me, the most exciting part of the workshop was seeing these students have the opportunity to improvise with the group in a sort of round table-style collective exercise. For many students, this was their first exposure to improvisation, and they were initially very hesitant. However, as the exercise continued, virtually all of the students began to loosen up and participate with fewer reservations. Ranaan helped to facilitate this by using simple material as the basis for the improvisation. In this case, it was the G Major scale with Ranaan playing a simple accompanying bass line.

Overall, the workshop was very successful, and helped to inspire all of the students involved by emphasizing the importance and impact of the lower stringed instruments, as well as exposing them to the possibilities available to them through improvisation!

◆Jesse Dietschi, Bass Representative



Ranaan Meyer OSA Bass Clinic

**VIOLA REPORT****DON'T BE AFRAID, IT'S ONLY A VIOLA**

The viola is the unappreciated member of the string family. It looks like a violin, yet it is not a violin. It is tuned like a cello, but it does not sound like a cello. Those who have discovered the viola however, have found its tone to be rich, full and velvety. Although many composers have recognised the uniqueness of the viola, it remains the poor cousin of the string family.

Violinists are often reluctant to play the viola. They think it is too big, its repertoire too easy, plus you have to learn reading notes in that strange looking clef called the alto clef. Even so, when you think about it, of all the second instruments violinists can choose, the viola is the easiest because they already know how to play it! There are no major differences between the playing techniques of both instruments. Let's examine some of the myths and road-blocks surrounding the viola.

★ **Violas are too big**

It is true that some violas are quite large, but it is also true that they come in all shapes and sizes. The assumption that the viola has to be large to sound good is incorrect. The viola is an instrument of compromise as a truly proportional viola would be too great to play under the chin. Because there are no standardize dimensions, like the violin, it gives the luthier the freedom to experiment with its sizes and shapes. For these reasons, each viola has its own unique voice. You can find an instrument just the right size, as if customized for you.

★ **I cannot read the alto clef**

Violinists are spoiled; they have only one clef to read. Pianists have to read both treble and bass clef at once. Cellists have three clefs to master: bass, treble and tenor clef. Reading notes in alto clef is easy; there are short cuts to learn it quickly. Placing the fingers on the wrong strings is the only thing to overcome, but it won't take long before you become fluent with the clef.

★ **There is no solo repertoire for the viola**

It is true that the viola solo repertoire is not as vast as the violin or the cello repertoire. This is due to the lack of recognition of the viola as solo instrument for the greater part of the nineteenth century, but more and more exciting new works have been written for the viola. Important composers such as Bartok, Britten, Hindemith, Vieuxtemps, Brahms, Paganini, and others have composed beautiful works for it. If you do not mind transcriptions, violists can play the violin repertoire as they hold their instrument like violinists, and the cello repertoire as the viola is tuned like a cello. There is plenty of repertoire to learn.

All things considered, there are no reasons to ignore the viola. Don't be afraid to try one. You will not regret it, and who knows, it may be the beginning of a wonderful relationship.

◆ Pierre Gagnon

**WILLIAM R. WARE VIOLINS**

Established 1974

**DEALER AND RESTORER**

**VIOLINS VIOLAS CELLOS BOWS**

Expert Repairs • Bow Re-hairs

**SUZUKI OUTFITS**

**STUDENT INSTRUMENTS**

Largest selection of high quality small and full-size instruments of German, French, English and Italian Origins

Cases and Strings

**Full Service workshop**

**Expert Repair and Restoration of instruments and bows**

We ship anywhere in Canada

**14 Metamora Crescent, London, ON N6G 1R3**

Tel. (519) 472-2359 Fax (519) 472-2932



# Conference 2015

## STUDENT DAY

### SATURDAY, NOVEMBER 7 SCHEDULE

#### A Day for Students, Parents, Teachers, and Aspiring Teachers

#### Location: To Be Announced

Saturday, November 7 will celebrate this province's thriving Suzuki community and will feature three orchestras, a Parent Talk with Karen Kimmett, entertainment by *Vox Metropolis*, and a Gala Concert to showcase the work of the day, including a five-piano concert.



#### 1. Twinklers, Violin/Viola/Cello Books 1&2

9:15-9:45	Registration
10:00-10:45	First class with clinician
11:00-11:45	Second class with clinician
11:45-12:45	Lunch
1:00-2:00	Performance by Vox Metropolis
2:15-3:15	Child care/activity available during Parent Talk (\$5 per child)
4:00	Gala Concert

#### 2. Harp, Guitar, Flute, and Piano

*\*Pianists will be contacted re: their performance piece for the five-piano concert following the October 1<sup>st</sup> registration deadline.*

9:15-9:45	Registration
10:00-10:45	First class with clinician
11:00-11:45	Second class with clinician
11:45-12:45	Lunch
1:00-2:00	Performance by Vox Metropolis
2:15-3:15	Rehearsal for Gala Concert
4:00	Gala Concert

#### 3. Three Orchestras (**Please note: Concert dress for orchestras is "all black".**)

*\*Orchestra placement will be based on the student's current piece in the Suzuki repertoire. Required music will be made available in advance. Please bring a music stand if possible.*

8:30-9:15	Registration
9:30-10:45	First full rehearsal with conductor
11:00-12:00	Sectionals with coaches
12:00-1:00	Lunch
1:00-2:00	Performance by Vox Metropolis
2:15-3:30	Final full rehearsal with conductor
4:00	Gala Concert

#### 4. Suzuki Early Childhood Education Class

*\*For children 0-3 years of age, each with a parent (registered in advance)*

10:00-11:00	Class
-------------	-------



SUZUKI ASSOCIATION OF ONTARIO  
Est. 1996

Saturday November 7<sup>th</sup>, 2015

**REGISTRATION FORM for  
STUDENTS and PARENTS**

Location: To Be Announced

For the complete Saturday program, see the separate attachment entitled 'Saturday November 7 Schedule' and 'Hotel & Parking Information'.



Attending Parent 1: \_\_\_\_\_ Parent 2: \_\_\_\_\_

Address: \_\_\_\_\_ City: \_\_\_\_\_ Postal Code: \_\_\_\_\_

Phone:	Cell:	Email:	
	Child #1 (eldest/only)	Child #2	Child #3
Name of child			
Age (as of Nov. 1 <sup>st</sup> )			
Instrument			
Current piece in Suzuki repertoire			
Teacher/school name			

**Fees include admission to Vox Metropolis Performance, Parent Talk with Karen Kimmett, Gala Concert and catered lunch (for registered students only).**

	Child #1	Child #2	Child #3	Total:
Orchestra students (violin/viola/cello/bass book 3 & up) and ALL piano/flute/guitar/harp students	\$50.00	\$20.00	\$12.00	\$ _____
Violin/viola/cello/bass students Up until the end of book 2	\$30.00	\$12.50	\$7.50	\$ _____
			Subtotal:	\$ _____

Check Box

**Have any questions? Please contact:**  
**saoconference2015@gmail.com**

Suzuki Early Childhood Education Class: \$12

(one parent with one child, age 0-3)

Child Care during Parent Talk \_\_\_\_\_ x \$5 = \_\_\_\_\_

Additional hot lunch \_\_\_\_\_ x \$7 = \_\_\_\_\_

(per parent/unregistered students)

**Total: \$ \_\_\_\_\_**



**Please make cheques out to SAO Conference 2015 and  
mail with registration forms to:**

SAO Conference 2015

958 Crestview Crescent, London, Ontario N6K 4W2

**APPLICATION DEADLINE: OCTOBER 1ST, 2015**

# Conference 2015

## TEACHER DAY

### SUNDAY, NOVEMBER 8 SCHEDULE

#### A Day for Suzuki Teachers

**Location:** First-St. Andrew's United Church  
350 Queens Avenue, London, ON

- 8:00-8:45 \_\_\_\_\_ Registration/ Meet and Greet
- 9:00-9:45 \_\_\_\_\_ Breakout Sessions
- 10:00-10:45 \_\_\_\_ Opening Keynote Address (Dorothy Jones)
- 11:00-11:45 \_\_\_\_ SAO Annual General Meeting
- 12:00-12:45 \_\_\_\_ Catered Lunch
- 1:00-1:45 \_\_\_\_\_ Breakout Sessions
- 2:00-2:45 \_\_\_\_\_ Breakout Sessions
- 3:00-3:45 \_\_\_\_\_ Breakout Sessions
- 4:00-4:45 \_\_\_\_\_ Closing Keynote Address (Karen Kimmett)
- 5:00 \_\_\_\_\_ SAO Board Meeting and Board Members' Dinner



SUZUKI ASSOCIATION OF ONTARIO  
Est. 1996

An advertisement for Geo. Heintz &amp; Co. Limited. On the left is a detailed line drawing of a violin. To its right, the text reads 'Geo. Heintz &amp; Co. Limited' in a large, elegant font, followed by 'CONSERVATORS &amp; PURVEYORS OF Fine &amp; Rare Violins' in a smaller font. Below this, a dark grey horizontal bar contains the text 'Serving Teachers &amp; Students. Wholesalers of contemporary Instruments &amp; Bows. Accessories of Quality.' At the bottom left, contact information is provided: '201 Church St., Toronto, ON. M5B 1Y7' and 'Tel: 416-363-0093 • Fax: 416-363-0053'. At the bottom right, it says 'Email: ghcl@idirect.com' and 'www.georgeheintz.com'. At the very bottom, the text reads 'Canada's foremost violin experts. Proud of our heritage. Excited about the future.'

Sunday, November 8<sup>th</sup>, 2015

**REGISTRATION FORM for TEACHERS**

NOTE: Sunday location is First-St. Andrew's United Church  
350 Queens Ave, London Ontario, N6B 1X6

Meet & Greet and Registration from 8:00-8:45 am.  
Breakout Sessions begin at 9:00 am.

For the complete Saturday and Sunday programs, please see the attachments entitled '*Saturday November 7 Schedule*', '*Sunday November 8 Schedule*' and '*Hotel & Parking Information*'.



Name: \_\_\_\_\_ Date of Application: \_\_\_\_\_

Address: \_\_\_\_\_ City: \_\_\_\_\_ Postal Code: \_\_\_\_\_

Phone: \_\_\_\_\_ Cell: \_\_\_\_\_ Email: \_\_\_\_\_

Instrument: \_\_\_\_\_

***Don't forget to bring your instrument!***

**FEES for Teacher's Day:**

		Check Box
SAO Members:	Sept. 30 <sup>th</sup> early bird	\$125 <input type="checkbox"/>
	After Sept. 30 <sup>th</sup>	\$150 <input type="checkbox"/>
1 <sup>st</sup> Time Attendee:	Sept. 30 <sup>th</sup> early bird	\$100 <input type="checkbox"/>
	After Sept. 30 <sup>th</sup>	\$125 <input type="checkbox"/>

**All teachers are welcome to attend the Student Day & Gala Concert on Saturday, November 7<sup>th</sup> free of charge but *must order and pay for Saturday's lunch in advance.* Saturday's location To Be Announced.**

Catered hot lunch on Saturday \$7

**SPECIAL CONFERENCE OPPORTUNITY!**

The **Every Child Can Course** (with trainer **Dorothy Jones**) will be offered on **SATURDAY**, November 7<sup>th</sup> from 9:00 am – 4:00. **Saturday's location To Be Announced.**

Must be an SAA Member: # \_\_\_\_\_

Every Child Can (includes hot lunch!) \$150

**Total: \$ \_\_\_\_\_**



**Please make cheques out to SAO Conference 2015  
and mail with registration forms to:**

SAO Conference 2015  
958 Crestview Crescent, London, Ontario N6K 4W2

**Have any questions? Please contact: [saoconference2015@gmail.com](mailto:saoconference2015@gmail.com)**

# Conference 2015

## HOTEL AND PARKING INFORMATION

A friendly reminder to book your hotel well in advance.  
Please mention SAO Conference 2015 when booking.



### Delta London Armouries Hotel (SAO Conference Committee's Pick!)

325 Dundas Street 519.679.6111 [www.deltahotels.com](http://www.deltahotels.com)

\$129 (+tax)

- Standard room
- Armouries Grille Restaurant
- Indoor pool & Hot tub
- Fitness Centre
- Check in: 3:00pm Check out: 12:00pm
- Self parking available for \$15.00/day

“Our hotel’s unique architecture is a bold testament to our appreciation of history and modern luxury. The Delta London Armouries hotel was originally a training location for Canadian soldiers during the two World Wars. Our guests can take in the archival photographs, uniforms and wartime artifacts on display throughout the hotel or enjoy the modern entertainment of London, Ontario.”



### Holiday Inn Express Hotel & Suites

374 Dundas Street 519.661.0233 [www.hiexpress.com](http://www.hiexpress.com)

\$125 (+tax)

- Standard room
- Free parking
- Fitness Centre
- Free breakfast
- Check in: 4:00pm Check out: 11:00am

“The Holiday Inn Express and Suites London Downtown provides easy access to a number of parks, restaurants, museums and businesses. For your pleasure, our excellent London accommodations offer you free Wi-Fi and a complimentary hot breakfast. Our hotel amenities also include a fitness centre, business centre and translation services. We hope you will explore our exceptional London hotel deals and rates as you start planning your trip to London, Ontario today.”



### Saturday Parking: To Be Announced

**Sunday Parking:** Both The Delta and The Holiday Inn are within one block of First-St. Andrew's United Church (350 Queens Ave.). We suggest leaving your car parked at the hotel, however, free parking at First-St. Andrew's United Church is available after 12pm and all day on city streets.

## Parents as Partners

### THOUGHTS ON THE SAA PARENTS AS PARTNERS ONLINE VIDEO COURSE

With the help of Gretchen Paxson-Abberger, I have registered for the SAA Parents As Partners Online. It consists of many short inspirational videos, five-to-twenty minutes in length, for parents and teachers, which runs from January 15 to June 30, 2015. There are twenty-seven videos right now with five to six new videos added to the collection weekly. I want to share my thoughts on a couple of great videos:

#### Listening like a Maniac

This video has a huge impact on my daily practice. I have often forgotten the values and impact of listening to the CD, and I am excited to see that there are a few videos devoted on the importance of listening. Listening is a major difference between the Suzuki Method and the traditional method and it really works like a charm.

Listening is an essential part of the daily practice. I love how Edmund Sprunger says at the beginning of his video *Pardon the Interruption* "...kids learn the notes by listening to the recording, then generate their own internal recording, also called inside singing. They can then use the inside singing to find the notes on the instruments, to sing their inside song through their instruments. This also helps kids to develop ear-hand coordination with their instruments."

I have started playing the CD around the clock and my kids love sleeping with the music. The fact that the music can enhance brainpower during sleep is a real bonus! My whole family can sing the repertoire now, even my dear husband who cannot sing on pitch!

#### Defining Progress

This video strikes a nerve as I often focus on the "wrong thing." We should remind ourselves of the real purpose of music education. It's so true that our primary focus should be helping our children to build lifelong skills, with playing the instrument well being the secondary focus. I know that this will have a major impact on how I practice with my kids from now on.

I was completely blown away by the quality of tips and advice shared by the best Suzuki teachers across North America. Many studied with Dr. Suzuki in Japan. I feel so grateful for the opportunity to be a part of this wonderful heartfelt community.

I strongly recommend every parent and teacher to sign up for this wonderful program. For parents, I am confident that you will find at least one tip that will change the way you practice with your child. As for the teachers, you might find one tip that can prevent a student from dropping out of the music program!

◆ May Cheung, parent at the North York Suzuki School of Music

### PARENTS AS PARTNERS ONLINE VIDEO REVIEW

#### "DEFINING PROGRESS" BY EDWARD KREITMAN

"Life moves pretty fast. If you don't stop and look around for a while, you could miss it", said Ferris Bueller. This famous phrase, uttered by bad boy/nice guy/truant and title character of the film "Ferris Bueller's Day Off", stuck in my head days after watching Edward Kreitman's inspiring video "Defining Progress" as part of SAA's Parents As Partners Online.

So how does Ferris Bueller relate to Edward Kreitman, you ask?

Essentially, encouraging our children to "stop and look around" during review, instead of blowing through a piece just to mark it as "practiced" on a sticker chart or some other external motivator, will result in the kind of progress we are looking for as Suzuki teachers. The self-evaluation that is encouraged at an early age at our lessons is carried through to other areas of a child's life, elevating their poise and confidence. How do students self-evaluate efficiently in practicing review pieces, so that Mr. Kreitman's definition of "progress" flourishes?

continued on next page

**DEFINING PROGRESS continued**

Mr. Kreitman eschews the practice of “reviewing to remember”, racing through the repertoire in any given book. His definition of progress is much different than what a non-Suzuki learner might imagine, citing that the very design of the Suzuki books and common repertoire may foster the tendency in some students and parents to glorify pushing through, seeing that final piece as the goal itself.

What are the goals then? What is progress, if not moving from piece to piece? Mr. Kreitman defines progress as:

- 1) achieving a beautiful tone
- 2) finding the pulse of the piece
- 3) memorizing the musical line
- 4) expression of the essence of the child

He goes on further to address playing artistically, so as to fundamentally change as a person, and that artistry can be achieved in *Lightly Row*.

“Take a piece you know and raise it to a higher level”, said Shinichi Suzuki. Mr. Kreitman reiterates this with his practice advice to parents to encourage their children to keep upping the standard of the review pieces, so they are more skillfully played. Not just played for a sticker, not just played to get to the end of the book as quickly as possible.

At the end of the movie (spoiler alert!) Ferris Bueller gets the girl, the bad guy gets his just-desserts, and the whole town throws a parade. While this extraordinary movie ending might not be the final result of every Suzuki student’s experience of upping their standards in *Go Tell Aunt Rhody* at the end of the day, or at the end of years joyfully cultivating a lifelong creative outlet, it might be even better.

◆Lenni Jabour, Area 519 West Representative



# Parents as Partners Online

*Video Inspiration for Suzuki Parents • January 15 through June 30, 2015*

Parents as Partners Online 2015 is a series of 61 short videos for Suzuki parents and teachers addressing such Suzuki-related topics as practice tips, parent-child relationships, philosophy, listening, motivation, teenagers, and more!

Registration is open through April 30, with all videos being accessible through June 30.

Visit [www.suzukiassociation.org](http://www.suzukiassociation.org) to register for this SAA-sponsored event.

## Two Moms, Two Camps: The Parent Perspective

We had never attended a music camp before and I wondered whether the experience at Midsummer Sound would be worth the money.

My daughter was nervous and didn't want to go in the first day. I worried about her. But I noticed that as the days flew by, she started to really enjoy the camp. She started to hum the music she was learning on the way to the camp in the morning and on the way home in the afternoon.

All the teachers were dedicated in their teaching of the kids; the programs were well organized. The final concert was amazing! The week went by so fast, my daughter thoroughly enjoyed her week. The change in her from the first day to the last was amazing. I'll be sending her to the camp next year!

◆Jian from Barrie

Last August, my daughter and I attended the Southwestern Ontario Suzuki Institute (SOSI) in Waterloo. I have to admit, I signed on not really knowing what to expect ... this was our first Suzuki institute.

The days were filled with fiddling in the morning (a great way for the parent to wake up), private lessons, orchestra rehearsals, concerts, operetta rehearsals and new friends. The final orchestra concert was a big highlight.

It was a week of total music immersion, surrounded by enthusiastic children, friendly, sometimes slightly fried, parents, and warm, caring, and inspiring teachers. I've already booked the week off work for next year!

◆Julie S. from Newmarket

## The Piano Room

◆Darshana Powell



Darshana and her mom

Where I can get lost in my thoughts  
 In here, it's only me and the piano, left to create beautiful melodies  
 I look out the window and watch the birds flying; giving me a rhythm  
 I watch the waves hit the shore; giving me a beat  
 The music surrounds me as I empty my mind  
 My eyes follow the music and my fingers seem to have a mind of their own  
 I imagine the music being played in my head  
 Here, I feel like I have all the time in the world  
 I watch the hammers hit the strings inside the piano as I press down on each key  
 I play whatever comes to mind and my fingers just figure out what notes to play  
 I play what I want based on how I feel; happy, sad, lost, confused  
 I let my brain wander as melodies and harmonies flow through my fingers  
 The music wraps around me like a soft blanket  
 In my special place, the piano room

## Student-Inspired Teaching

I have been pleasantly surprised by a recent windfall of inspiration from my students. These are hardly new or brilliantly original ideas, but sometimes as we get older, we need to be reminded of what it means to be a certain age.

1. From a four-year-old whose mom was worried her daughter was losing interest in violin: Make a path of footprints traced from coloured construction paper, leading to her snack. Each set of footprints has a violin related instruction under it. Completing each instruction gets her closer to what she really wants: food! She is growing and she is hungry. Mom emailed me to say that they were able to work through the various sections of *Lightly Row* in this manner and they practiced for half an hour that day. They might need a different game in a couple of weeks, but the important thing is the motivation came from listening to the child.
2. From another four-year-old, a twinkler who needs to develop his finger strength: *The Finger Family Song!* which has the lyrics “mother finger, mother finger, where are you? Here I am! Here I am! How do you do?” I was impressed that he sang me the entire song, and even more impressed that children still learn these songs in school. I remember learning it as a pre-schooler myself. We used it to do “*Twinkle Taps*” on his A string tapes. Earlier in that same week, a teaching colleague of mine who has a toddler of his own told me he had used this song in his Pre-Twinkle group class to demonstrate *pizzicato*, and was delighted to discover how much the children enjoyed it.
3. From an eight-year-old who was at my craft table during her sister’s lesson: The “Cootie Catcher”. We all know it: the pyramid shaped device that opens and closes, made from folded paper with numbers on the inside faces and colours on the outside, and a different message when you open out the inside fold. We used it in group class that evening to choose which songs to work on, and it went over extremely well. As I pointed out to the parents, it could clearly be used for personal practice as well.
4. From one of my more difficult, or whiney, boys who loves his computer time: a song called *The Winter Wind* which he composed himself using “musescore” as gift for me in exchange for showing him the basics of how to use the program. Many of you are probably familiar with this software. It’s a free download and relatively uncomplicated to use, although a bit rudimentary when it’s time for more sophisticated arrangements. The bigger gift, however, is the fact that this young man is now sharing his knowledge with a younger violin beginner who also enjoys computer-assisted learning!

Finally, I’m handing out practice thermometers this week! Hoping the mercury will hit at least 20 degrees by Easter.

◆Deborah Henderson

# Music Plus

Waterloo Region’s exclusive dealer of



# YAMAHA

Pianos and Clavinovas

5 Michael St. Kitchener ON N2G 1L7

519.745.8530 | 1.800.608.5205

www.musicpluscorp.com

## Revolutionizing Review: A Few Ideas to Get Playing

- ☀ **Lucky Dip:** put the names of all review songs in a bowl/bag, pull one out, play it and put it in a different bowl/bag. Repeat.
- ☀ **Light a Candle:** have a special candle to be lit only when playing review and bring it to your lesson every week to show how much it is melting (especially good in winter when it is dark).
- ☀ **Odd/Even Week:** play the odd numbered pieces one week and the evenly numbered pieces the next.
- ☀ **Day of the Week Chart:** includes all the pieces in all Suzuki books divided up by the days of the week. If you don't have one, ask a friend or your teacher.
- ☀ **Balloon Review:** for listening: blow up balloon and pass back and forth for something in particular (eg. the beat, dynamics, etc.). This can get as rowdy as you wish.
- ☀ **Hot Wheels Car/Small Figurine:** moves from left to right across the music stand for every piece completed.
- ☀ **Sticker Chart:** a finite list is very encouraging for young players.
- ☀ **Play with your Child/Playdate Review:** playing with someone else is always exciting and enjoyable when it comes to review. Play with your own child or arrange playdates. Use piano accompaniments, sing or play duet parts.
- ☀ **Pick a Card, Any Card:** write names of pieces, or even better, have student do it for familiarity with titles and composers, on cue cards and then student chooses cards at random.
- ☀ **Listen to Recording, Then Play:** this can either be the Suzuki CD or another professional version, or even YouTube. YouTube should be used carefully: discuss quality with your child and teacher.
- ☀ **I Can Play It Anywhere:** play in different rooms of the house. Acoustics are especially good in the bathroom!
- ☀ **Play Outside:** front porch, backyard, park...the list goes on. Not recommended in winter and keep violins out of direct sunlight.
- ☀ **Perform for Friends and Family:** makes performing easier and introduces their friends to classical music in a relaxed way.
- ☀ **Name that Tune:** student performs for parents and PARENTS must state the name of piece (or another fact about it if that is too easy).
- ☀ **Piece-Style-Room:** three boxes or bags and student picks one out of each to make interesting combinations. For example: *Musette*-Fast-Upstairs Washroom.
- ☀ **Chocolate Chips:** tiny piece of chocolate for every piece played.
- ☀ **Spinner:** have student help make a spinner with the names of all the pieces. Simply spin to know what to play next.
- ☀ **Roll Dice:** match the number with the numbers of the pieces in the book.
- ☀ **Pin the Tail on the Piece:** student closes eyes and points to anywhere on the list of pieces in the front of the book. Whatever they point to is the piece they play.
- ☀ **Paint Strips:** cut up any variety of colours of paint strips and have student write names of pieces on the back without looking at colours. Student chooses a colour and plays the piece on the back in a way that brings out that colour. For example: *Hunter's Chorus*-Blue might be a sad rendition *Hunter's Chorus*.
- ☀ **Other People's Houses:** play anywhere and everywhere. It's new, exciting and great training for adjusting to different spaces. Big halls are great, or someone else's kitchen. Be creative and have fun with this.

◆Courtesy of the Parents, Students and Teachers of the Canta Arya School for Strings, Kingston, Ontario

## Proud Member of the SAO?

add our new logo to your own webpages  
and please encourage your students and colleagues to join!  
Contact Marjorie Ogden at [suzukiontario@hotmail.com](mailto:suzukiontario@hotmail.com)



**QUALITY &  
SERVICE  
SINCE 1890**



[remenyi.com](http://remenyi.com)

**AN UNMATCHED SELECTION OF  
INSTRUMENTS, EDUCATIONAL  
RESOURCES, MUSIC & BOOKS**

Instruments are carefully selected to offer top value in every range and performance level. From beginners instruments to fine masterworks, each is professionally set up and adjusted to sound and perform at its very best.

**RENTALS - BOWS - BOOKS - ACCESSORIES**

210 Bloor St. W  
Toronto  
416.961.3111



1455-6 16th Ave,  
Richmond Hill  
905.881.3400

## SAO Board

**Chair: Nena LaMarre**

p:705-737-9342 e: play88@rogers.com

**Vice-Chair: Carmen Evans**

p:519-821-2890 e: evanscs@gmail.com

**Secretary: Zachary Ebin**

p:416-785-0401 e: zackebin@gmail.com

**Treasurer: Gretchen Paxson-Abberger**

p:416-466-0208 e: gretchen@abberger.com

**Members-at-Large:**

**Julian Fisher**

p:416-654-8986 e: jm.fisher@utoronto.ca

**Dimitra Marangozis**

p:905-237-2172 e: dimitra\_m@rogers.com

**New-Teacher-Member-at-Large:**

**Jillian Saurteig**

p: 519-318-4245 e: jill.sauerteig@gmail.com

**Executive Assistant: Marjorie Ogden**

p:905-718-8974 e: suzukiontario@hotmail.ca

**Area Representatives:**

**416 Area:**

**Julia McFarlane**

p:416-762-1140 e: juliamcfarlane@rogers.com

**Ines Pagliari**

p: 416-726-5729 e: inesp@sympatico.ca

**519 East Area:**

**Anna Hughes**

p:519-546-7881 e: anna19@rogers.com

**519 West Area:**

**Lenni Jabour**

e: lennijabour@gmail.com

**613 East Area:**

**Laura Nerenberg**

p:613-274-3647 e: lauranerenberg@gmail.com

**613 West Area:**

**Venetia Gauthier**

p:613-767-7897 e: violinvenetia@gmail.com

**705 Area:**

**Jeremy Viinalass**

p:705-721-2425 e: jvandlv@sympatico.ca

**807 Area:**

**Michelle Zapf-Belanger**

p:807-285-1985 e: michellezb@gmail.com

**905 North/East:**

**Laurie Mitchell**

p:905-623-3118 e: lauriemitchell@yahoo.com

**905 West Area:**

**Kate Einarson**

p:289-921-9307 e: info@musicwithkate.com

**Instrument Representatives:**

**Bass:**

**Jesse Dietschi**

p: 647.823.5736 e: [info@jessedietschi.com](mailto:info@jessedietschi.com)

**Cello:**

**David Evenchick**

p:519-803-6895 e: evenchickdavid@gmail.com

**ECE:**

**Sharon Jones**

p:519-657-7970 e: tvs@sympatico.ca

**Flute: VACANT**

**Guitar:**

**Rob MacDonald**

e: robmac92@hotmail.com

**Harp: VACANT**

**Piano:**

**Barbara Byczko**

p:416-253-4417 e: bkbyczko@gmail.com

**Violin:**

**Kelly Parkins-Lindstrom**

p:416-654-7011 e: kelgeo2000@yahoo.ca

### SAO NEWSLETTER

**Consulting Editor:** Nena LaMarre

**Articles/Notices Send To The Editor:**

Carmen Evans

**Art Director:** Carmen Evans,  
evanscs@gmail.com

**Advertising Send To:** Marjorie Ogden

[suzukiontario@hotmail.com](mailto:suzukiontario@hotmail.com)

282 Waverly St. N.

Oshawa, ON L1J 5V9

DEADLINE for next edition:

June 5, 2015

500 word limit

